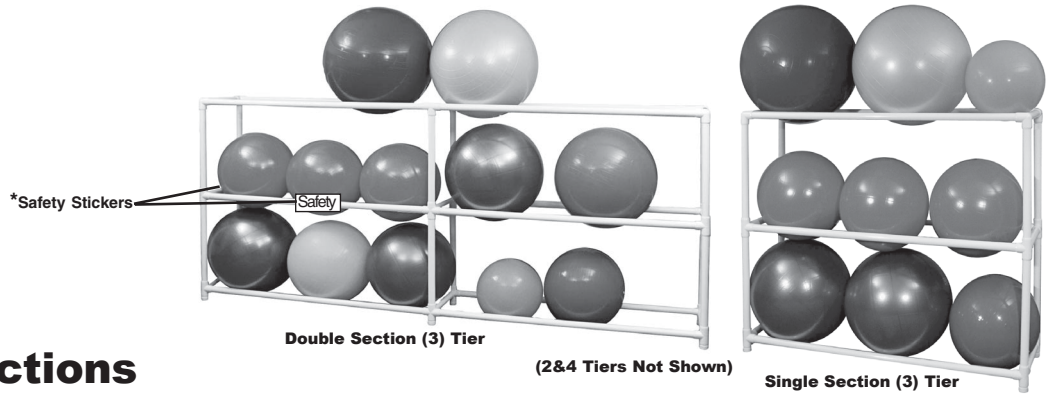




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Assembly Instructions

Fitness Ball Rack – Single Section, 12 Ball, 4 Tier

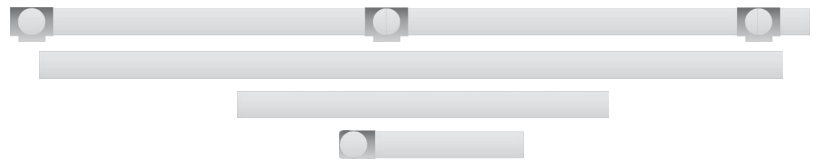
Optional Tools – Hammer, liquid soap, PVC cement

The parts of the Fitness Ball Rack can be either friction fit together (to allow disassembly if desired), or cemented together with PVC cement for permanent assembly. If you choose to cement the pieces together you will need to provide a cement suitable for PVC pipe (consult your hardware store or home improvement center salesperson for the correct cement). **Be sure to read the instructions that accompany the cement carefully and follow all safety and usage recommendations included with the cement packaging.** If you have purchased the optional casters (Cat #KBBRC), we recommend that you cement the parts together for added strength (**do not cement the end caps to the vertical support pieces or you will not be able to install the casters**).

If you have trouble fitting the pieces together because they are too tight, you may tap the joints lightly with a hammer to facilitate assembly or try using a small amount of liquid soap to lubricate them.

Check the following list of parts to insure that you have received everything required to assemble the fitness Ball Rack. If you are missing any parts, contact Fitness first Products at 1-800-421-1791 for prompt replacement.

- (4) vertical support assemblies with feet
- (8) horizontal supports
- (8) cross members
- (4) top level vertical supports



Assembly Steps

- 1) Locate a level floor surface to assemble vertical supports.
- 2) Lay (1) vertical support on the floor, align (1) top level vertical support end and tap into place. It is important that all of the fittings on the vertical support are aligned with each other. Repeat for the other (3) vertical supports.
- 3) Once the vertical supports are completed, check that they are all the same height. You may have to tap them with a hammer to get them the same height.
- 4) Lay (2) vertical supports on the floor, making sure that end caps are at the bottom. Connect them together with (4) cross members. Repeat this process for the other vertical assemblies.
- 5) Check that the side support assemblies (from step 4 above) are the same width. Tap with a hammer if adjustment is needed.
- 6) Lay (1) completed and checked side support assembly on the floor with the fittings up. There should be (8) holes facing up. Install the (8) horizontal supports into the fittings and tap into place.
- 7) Lay the other completed and checked side support assembly on top of the (8) horizontal members. Align with the fittings, then *gently* tap to get started. Get all (8) horizontal supports started into fittings and then tap them into place.
- 8) Get assistance to stand the ball rack upright and move into place.

Please call 1-800-421-1791 and ask for Cary if you have any questions.

*** When assembling rack make sure that you assemble the pieces with the warning stickers in the locations shown above.**

WARNING:
 Do not stand or climb on ball rack. May cause rack to collapse and injure user! Fitness Ball Rack is not intended for use by children!